dharmasphere warmly welcomes you to

PEACE IN THE PARK

In collaboration with
Nelson Buddhist Centre
Nelson Insight Meditation &
Mindful Living Nelson
10am-12pm
Anzac Park, Nelson

DECEMBER 13TH 2020
JANUARY 10TH 2021
FEBRUARY 14TH 2021
MARCH 14TH 2021
APRIL 11TH 2021

Join us for a second year of gentle quietude and play in the midst of summer in the city.
This summer brings together several local groups dedicated to peace.
Bring your friends and whānau, chairs, blankets, water, sunscreen and cushions for comfort.
Kids are welcome to play independently or join in when they wish. Dana/Koha

For further information please contact Duncan at dharmasphere108@gmail.com

dharmasphere

Insight Meditation Nelson

Mindful Living Nelson

Nelson Buddhist Centre